



**Ebook Directory**  
the best source of ebook

The book was found

# THE JOURNEY SURVIVING BREAST CANCER AND MANAGING LYMPHEDEMA

THE JOURNEY  
SURVIVING  
BREAST CANCER  
AND  
MANAGING LYMPHEDEMA



BY: Freda Whalen-Plues, CN, RMT, LMT, MTI.  
Certified Medical Massage Practitioner/Master Level

WITH:

Stan Plues  
Peter de Ipolyi, M. D.  
Ernest Cronin, M. D.  
Erik Maus, M. D



**DOWNLOAD EBOOK**

## Synopsis

**THE JOURNEY: SURVIVING BREAST CANCER AND MANAGING LYMPHEDEMA**  
**BY: Freda Whalen-Plues, CN, RMT, LMT, MTI. Certified Medical Massage Practitioner/Master Level**

Freda Whalen-Plues was born in Mamou Louisiana, in 1943. She is a licensed Massage Therapist specializing in Deep Tissue Medical Massage for the past twenty-five years. A ten year survivor of breast cancer, Freda suffers with Lymphedema and still manages to work a full eight to ten hour day. Stan Plues was born in London, England, in 1940. He is a Third Generation Master Butcher. In September of 2009, he was diagnosed with Non Hodgkins Lymphoma. He also suffers with Lymphedema in his right leg. He and Freda have been married for the past 16 years. They live and work in Lake Charles, Louisiana

Peter de Ipolyi, M. D. was born in Mank, Austria. He is on the surgical staff of Christus St. Joseph Hospital and serves as Associate Scientific Director at The Stehlin Foundation for Cancer Research in Houston, Texas. He is board certified by The American Board of Surgery. He has a Surgical Oncology practice in Houston, Texas.

Ernest Cronin, M. D. was born in Houston, Texas, he is Chief of Staff of Christus St. Joseph Hospital. He is board certified by both the American Board of Otolaryngology and the American Board of Plastic Surgeons. He practices in Houston, Texas.

Erik Maus, M. D. was born in Mexico City. He is assistant professor of Medicine at The University of Texas in Houston and the director of The Memorial Hermann Center for Lymphedema Management. He is board certified by the American Board of Internal Medicine and The American Board of Preventive Medicine in Hyperbaric Medicine. He practices in Houston, Texas.

This book is a must read for anyone facing Breast Cancer !! "The Journey" offers the reader, answers and solutions to many of your un-answered questions. If you are faced with a diagnoses of breast cancer and lymphedema, Freda's experience will help you to understand what is actually happening to your body and help guide you while making the many decisions which will affect not only your whole life, but your relationships with your partner and indeed your whole family. You will better understand the importance of managing lymphedema and be informed concerning what is right or wrong in controlling this often mis-understood and under diagnosed condition. The medical expertise included in this book is invaluable towards helping you to make the necessary preparations when facing breast cancer. The information provided by Dr. Erik Maus will be essential in helping you protect your limbs should you develop lymphedema, whether after your surgery or many years later.

## Book Information

File Size: 472 KB

Print Length: 138 pages

Simultaneous Device Usage: Unlimited

Publisher: Xlibris (October 12, 2010)

Publication Date: October 12, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B005A7UOIG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #2,295,997 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #92

inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic

#1839 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast

Cancer #16084 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Spirituality > Personal Growth

[Download to continue reading...](#)

Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to

Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management THE JOURNEY SURVIVING BREAST CANCER AND MANAGING LYMPHEDEMA Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Lymphedema: Understanding and Managing Lymphedema After Cancer Treatment The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer Breast Cancer Courageous - Prayer Journal: Biblical Affirmations for Breast Cancer Patients and Survivors LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema Exercises - Prevention Lymphedema: A Breast Cancer Patient's Guide to Prevention and Healing Linfedema (Lymphedema): Una GuÃ­a de PrevenciÃ³n y SanaciÃ³n Para Pacientes Con CÃ¡ncer De Mama (A Breast Cancer Patient's Guide to Prevention and Healing) (Spanish Edition) Lymphedema and Sequential Compression: Tips on Buying Lymphedema Products Lymphedema Management: An Essential Guide to Living with Lymphedema - Understanding the Cause, Recognizing Symptoms, Learning to Manage, and Identifying Treatment & Therapy Options

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)